



# Quick Guide for RotoBed® Free

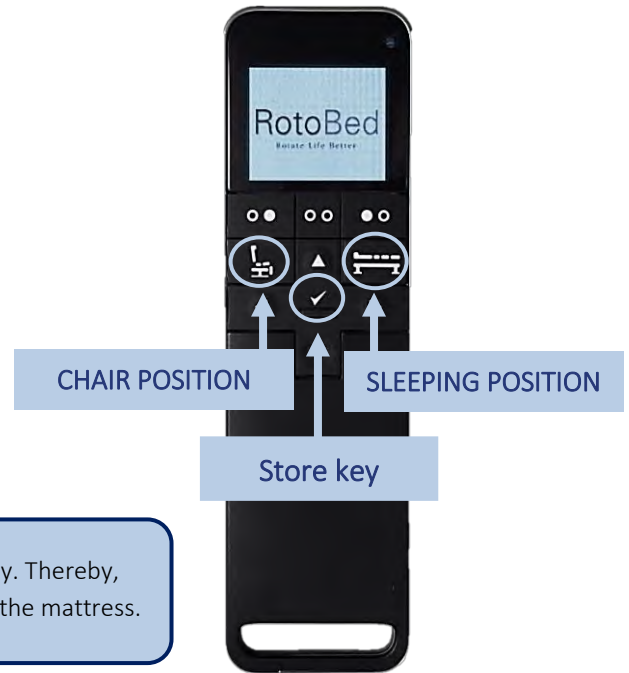
To adjust the bed's functions individually, for example raising the backrest, use the arrow keys left/right ←/→ to find the function you want adjusted. Use the up/down arrow keys ↑/↓ to adjust the bed. The movement will always stop when the key is released.

The key **CHAIR POSITION**  causes the bed to rotate to the exit position in the stored bed height and angle.







The key **SLEEPING POSITION**  causes the bed to rotate until the laying surface is rotated all the way to the horizontal.

The **store key**  is used to store favorite positions. See instructions below.

When the wireless remote control is not in use, we recommend placing it in the holder mounted on a bedrail.



**TIP:** You can relieve the pressure on your heels by raising the leg part slightly. Thereby, the pressure is distributed on your calf muscles and your heels is free from the mattress.

<p><b>Entry</b></p>  <p>For best comfort push yourself as far back in the seat as possible. The standard seat height without mattress is 32 cm above the floor. The optimal seat height is when the entire foot surface rests on the floor without supporting the weight of your legs. Find <b>BED HEIGHT</b> with the right arrow key. Find your preferred exit height with the arrow keys ↑/↓.</p>  <p>Click the right arrow key 3 times to find <b>SAVE EXIT HEIGHT</b>. Press down the store key for 10 seconds until you hear a beep.</p>	<p><b>Back tilt when rotating</b></p>  <p>It is important that you sit comfortably without pressure on the abdominal region while the bed rotates. Standard inclination of backrest when the bed is delivered is 45°. The inclination can be set to an angle from 35° to 65°. Outside this range, the bed will make an alarm. Go to <b>BACKREST</b>. Find the desired inclination with the arrow keys ↑/↓.</p>  <p>Click the right arrow key 4 times to find <b>STORE BACKREST</b>. Press down the store key for 10 seconds until you hear a beep.</p>	<p><b>Exit</b></p>  <p>Press down the key <b>CHAIR POSITION</b> until the bed stops in the exit position. When the movement stops, you can release the key and then press it again. This will cause the bed to move the backrest the last bit forward, after which the bed will start to move up in height. This facilitates the ascent. As soon as the key is released, the movement stops. By pressing down the key <b>SLEEPING POSITION</b>, the bed will move back to the exit position, and thus be ready for the next entry.</p>  <p>For perpendicular exit angle, find <b>EXIT ANGLE</b>, and press down the store key for 5 seconds until you hear a beep.</p>
---	---	--

## Mounting of bedrails

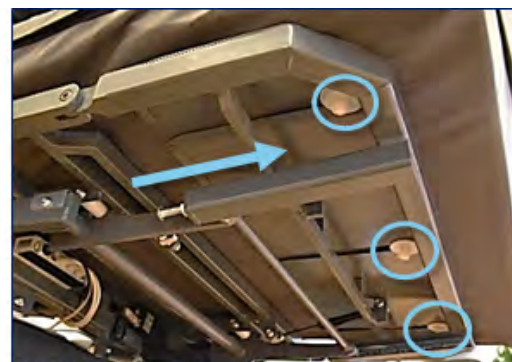
RotoBed®Change can be delivered with bedrails made of metal or oak veneer. Regardless of the material, the bedrails are mounted and removed in the same way:



Press the small fitting underneath while lifting the bedrail. When the bedrails are put back into place they will automatically lock.

**Note:** The bedrails should only be mounted or not mounted. Do not leave them upright and loose in the bracket. This may cause squeeze risk and damage to the bed during rotation.

## Mounting of principal mattress



Move the leg part to the highest position using the remote control. Fold the mattress in half and place it so that the 3 mattress attachments are placed at the opening for the 3 grooves at the leg part. It is important that there is a nylon disc on both the top and bottom of the metal plate. Then pull the mattress towards the foot end so that all 3 mattress attachments slide to the bottom of the grooves. Move the bedframe flat surface completely horizontal using the remote control.

Press the mattress attachment that is placed in the middle on backside of the mattress (one on each side) into the hole in the bedframe flat surface. It is important that there is a nylon disc on both the top and bottom of the metal plate. This is ensured by pressing on the mattress while the mattress is pulled to the side.

**Note:** RotoBed®Free should not be used by people without an introduction in the use of the bed. RotoBed®Free should be operated exclusively with the remote control. Be sure that neither children nor animals are under the bed when the bed is operated. When the bed's leg part is raised, do not overload it with heavy objects or persons. User weight 40-190 kg. BMI minimum 17.



For access to the full manual, please scan the QR-code.